



# March 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<div>National Month for <b>Irish-American Heritage, Craft, Women’s History, Nutrition, Red Cross, &amp; Disability Awareness</b></div> <div>Birthstone: <b>Aquamarine &amp; Bloodstone</b></div> <div>Flower: <b>Daffodils &amp; Jonquils</b></div> <div>Full Calendar at <b>MySweetGrass.Net</b></div> <div><div>Visit and Follow Us On:</div><div><div> Facebook.com/ <b>DWSweetgrassHOA</b></div><div> YouTube.com/ <b>SweetgrassHOA</b></div></div></div> <div><div> <b>Ticket</b> or <b>RSVP</b> Required</div><div></div></div>					<div>1</div> <div><b>Power Walking</b> (Aerobics) 9-10a <b>Sansone</b> (Ballroom) 1:30-4:30p <b>Table Tennis</b> (Aerobics) 3-4:30p</div>
					<div>2</div> <div><b>That’s Entertainment - Bus Check In</b> (Learning) 12-1p <b>Drama Club Rehearsal</b> (Bluebell) 2-5p <b>Table Tennis</b> (Aerobics) 3-4:30p</div>
<div>3</div> <div><b>Qi Gong</b> (Aerobics) 8-9a <b>Line Dance</b> (Aerobics) 11a-12p <b>Canasta</b> (Lant. &amp; Prim.) 12:30-3:30p <b>Bridge</b> (Activity) 1-3p <b>Art at Sweetgrass</b> (Creativity) 1-3p <b>Meet Up &amp; Dance</b> (Aerobics) 2-3p <b>Table Tennis</b> (Aerobics) 3-4:30p <b>Poker Club</b> (Activity) 5:30-8:30p</div>	<div>4</div> <div><b>Power Walking</b> (Aerobics) 9-10a <b>Line Dance</b> (Aerobics) 11a-12p <b>Good Health with Memorial Hermann</b> (Bluebell) 11:30a-12:30p <b>Needlecrafters</b> (Activity) 1-3p <b>Quilters</b> (Learning) 1-3p <b>Meet Up &amp; Dance</b> (Aerobics) 2:30-3:30p <b>Singers</b> (Bluebell) 4-6p <b>Mexican Train Meet Up</b> (Activity) 5:30-8:30p <b>Texas 42</b> (Creativity) 6-8p <b>Whisper Springs Nbhd Mtg.</b> (Lant. &amp; Prim.) 6-8p</div> <div></div>	<div>5</div> <div><b>Qi Gong</b> (Aerobics) 8-9a <b>Social Committee Mtg.</b> (Activity) 10a-12p <b>Line Dance</b> (Aerobics) 11a-12p <b>That's Entertainment BOD Mtg.</b> (Learning) 11a-1p <b>Bridge</b> (Activity) 1-3p <b>Book Club</b> (Creativity) 1-3p <b>Meet Up &amp; Dance</b> (Aerobics) 2-3p <b>HOA BOD Meeting</b> (Ballroom) 3-4:30p <b>Table Tennis</b> (Aerobics) 3-4:30p <b>Drama Club-Rehearsal</b> (Creativity) 5:30-8:30p <b>Mah Jongg</b> (Activity) 6-8p <b>Movie at the Lakehouse</b> (Ballroom) 6:30-9p</div> <div></div>	<div>6</div> <div><b>Power Walking</b> (Aerobics) 9-10a <b>Chat &amp; Craft</b> (Activity) 9:30a-12:30p <b>Genealogy Club</b> (Learning) 10:30a-12p <b>Line Dance</b> (Aerobics) 11a-12p <b>Canasta</b> (Act. &amp; Creat.) 1-4p <b>Meet Up &amp; Dance</b> (Aerobics) 2-3p <b>Pharmacist Pres.</b> (Learning) 3-4p <b>Meet Up &amp; Round Dance</b> (Aerobics) 4-5:30p <b>Poker Club</b> (Activity) 5:30-8:30p <b>Heritage Park Nbhd Mtg.</b> (Lant. &amp; Prim.) 6-8p <b>Photography Club</b> (Bluebell) 6:30-8p</div>	<div>7</div> <div><b>Qi Gong</b> (Aerobics) 8-9a <b>Line Dance</b> (Aerobics) 11a-12p <b>Card Crafters</b> (Activity) 12-3p <b>Bridge</b> (Creativity) 1-3p <b>Meet Up &amp; Dance</b> (Aerobics) 2-3p <b>Table Tennis</b> (Aerobics) 3-4:30p</div>	<div>8</div> <div><b>Power Walking</b> (Aerobics) 9-10a <b>Financial Education Club</b> (Learning) 10a-12p <b>Table Tennis</b> (Aerobics) 3-4:30p</div>
					<div>9</div> <div><b>That's Entertainment - Bus Check In</b> (Learning) 12-1p <b>Drama Club Rehearsal</b> (Bluebell) 2-5p <b>Table Tennis</b> (Aerobics) 3-4:30p</div>
<div>10</div> <div><b>Qi Gong</b> (Aerobics) 8-9a <b>ARC Committee</b> (Learning) 10:30a-12p <b>Line Dance</b> (Aerobics) 11a-12p <b>Canasta</b> (Lant.&amp; Prim.) 12:30-3:30p <b>Bridge</b> (Activity) 1-3p <b>Art at Sweetgrass</b> (Creativity) 1-3p <b>Meet Up &amp; Dance</b> (Aerobics) 2-3p <b>Table Tennis</b> (Aerobics) 3-4:30p <b>Poker Club</b> (Activity) 5:30-8:30p</div>	<div>11</div> <div><b>Power Walking</b> (Aerobics) 9-10a <b>Line Dance</b> (Aerobics) 11a-12p <b>Needlecrafters</b> (Activity) 1-3p <b>Veterans Club BOD Mtg.</b> (Learning) 2-3:30p <b>Meet Up &amp; Dance</b> (Aerobics) 2:30-3:30p <b>Golf Association</b> (Learning) 4-5p <b>Singers- Rehearsal</b> (Activity) 4-5p <b>Mexican Train Meet Up</b> (Activity) 5:30-8:30p <b>Shearwater Nbhd Mtg.</b> (Ballroom) 6-8p <b>Texas 42</b> (Creativity) 6-8p</div>	<div>12</div> <div><b>Qi Gong</b> (Aerobics) 8-9a <b>Line Dance</b> (Aerobics) 11a-12p <b>Bridge</b> (Activity) 1-3p <b>Meet Up &amp; Dance</b> (Aerobics) 2-3p <b>Table Tennis</b> (Aerobics) 3-4:30p <b>Drama Club Rehearsal</b> (Bluebell) 5:30p-8:30p <b>Mah Jongg</b> (Activity) 6-8p <b>Windmill Glen Nbhd Mtg.</b> (Primrose) 6-8p</div>	<div>13</div> <div><b>Power Walking</b> (Aerobics) 9-10a <b>Chat &amp; Craft</b> (Activity) 9:30a-12:30p <b>Bible Study Group</b> (Creativity) 10-11a <b>Line Dance</b> (Aerobics) 11a-12p <b>Canasta</b> (Act. &amp; Creat.) 1-4p <b>Meet Up &amp; Dance</b> (Aerobics) 2-3p <b>Meet Up &amp; Round Dance</b> (Aerobics) 4-5:30p <b>Tech Group Help Desk</b> (Learning) 4-5p <b>Poker Club</b> (Activity) 5:30-8:30p <b>Redbud Nbhd Mtg.</b> (Primrose) 6-7p <b>Dialogue &amp; Learning</b> (Learning) 6:30-8:30p</div>	<div>14</div> <div><b>Qi Gong</b> (Aerobics) 8-9a <b>Line Dance</b> (Aerobics) 11a-12p <b>Card Crafters</b> (Activity) 12-3p <b>Bridge</b> (Creativity) 1-3p <b>Meet Up &amp; Dance</b> (Aerobics) 2p-3p <b>Table Tennis</b> (Aerobics) 3-4:30p <b>Havurah</b> (Primrose) 6-8:30p</div>	<div>15</div> <div><b>Power Walking</b> (Aerobics) 9-10a <b>Sweetgrass Golf SGA Putting Tournament</b> (Putting Green) 9a-12p <b>Table Tennis</b> (Aerobics) 3-4:30p</div>
					<div>16</div> <div><b>Wildflower Nbhd Mtg.</b> (Bluebell/Latana) 1-3pm <b>River Pointe Special Event</b> (Activity) 3-5p <b>Drama Club Rehearsal</b> (Creativity) 2p-5p <b>Table Tennis</b> (Aerobics) 3-4:30p</div>



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN																																																								
<div>17</div> <div><div>Qi Gong</div><div>(Aerobics) 8-9a</div><div>Line Dance</div><div>(Aerobics) 11a-12p</div><div>Canasta</div><div>(Lant.&amp;Prim.) 12:30-3:30p</div><div>Bridge</div><div>(Activity) 1-3p</div><div>Art at Sweetgrass</div><div>(Creativity) 1-3p</div><div>Meet Up &amp; Dance</div><div>(Aerobics) 2-3p</div><div>Table Tennis</div><div>(Aerobics) 3-4:30p</div><div>Men's Club</div><div>(Lant. &amp; Prim.) 5-7p</div><div>Poker Club</div><div>(Activity) 5:30-8:30p</div><div>That's Entertainment</div><div>(Bluebell) 6-8p</div><div>Drama Club</div><div>(Learning) 6:30-8p</div></div> <div><div>St. Patrick's</div><div>pay</div></div>	<div>18</div> <div><div>Power Walking</div><div>(Aerobics) 9-10a</div><div>Line Dance</div><div>(Aerobics) 11a-12p</div><div>Needlecrafters</div><div>(Activity) 1-3p</div><div>Quilters</div><div>(Learning) 1-3p</div><div>Meet Up &amp; Dance</div><div>(Aerobics) 2:30-3:30p</div><div>Singers- Rehearsal</div><div>(Activity) 4-5p</div><div>Mexican Train Meet Up</div><div>(Activity) 5:30-8:30p</div><div>Texas 42</div><div>(Creativity) 6-8p</div><div>Sandpiper Nbhd Mtg.</div><div>(Bluebell) 6-8p</div></div>	<div>19</div> <div><div>Qi Gong</div><div>(Aerobics) 8-9a</div><div>Line Dance</div><div>(Aerobics) 11a-12p</div><div>Bridge</div><div>(Activity) 1-3p</div><div>Meet Up &amp; Dance</div><div>(Aerobics) 2-3p</div><div>Health &amp; Wellness Committee Mtg.</div><div>(Learning) 2-3:30p</div><div>Table Tennis</div><div>(Aerobics) 3-4:30p</div><div>Grief Group</div><div>(Creativity) 3-4p</div><div>Drama Club Rehearsal</div><div>(Creativity) 5:30-8:30p</div><div>Mah Jongg</div><div>(Activity) 6-8p</div><div>Singles</div><div>(Bluebell) 6-8p</div><div>Knotted Pines Nbhd Mtg.</div><div>(Lant. &amp; Prim.) 6-8p</div></div>	<div>20</div> <div><div>Power Walking</div><div>(Aerobics) 9-10a</div><div>Chat &amp; Craft</div><div>(Activity) 9:30a-12:30p</div><div>Bible Study Group</div><div>(Creativity) 10-11a</div><div>Line Dance</div><div>(Aerobics) 11a-12p</div><div>Canasta</div><div>(Act. &amp; Creat.) 1-4p</div><div>Meet Up &amp; Dance</div><div>(Aerobics) 2-3p</div><div>Meet Up &amp; Round Dance</div><div>(Aerobics) 4-5:30p</div><div>Poker Club</div><div>(Activity) 5:30-8:30p</div><div>SG Republicans</div><div>(Ballroom) 5:30-8:30p</div></div>	<div>21</div> <div><div>Qi Gong</div><div>(Aerobics) 8-9a</div><div>Great Harvest Co. &amp; Market Day</div><div>(Bluebell) 9a-12p</div><div>Line Dance</div><div>(Aerobics) 11a-12p</div><div>Card Crafters</div><div>(Activity) 12-3p</div><div>Bridge</div><div>(Creativity) 1-3p</div><div>Meet Up &amp; Dance</div><div>(Aerobics) 2-3p</div><div>Table Tennis</div><div>(Aerobics) 3-4:30p</div></div>	<div>22</div> <div><div>Men's Club Pancake Breakfast</div><div>(Creativity/Ballroom) 8a-12p</div><div>Power Walking</div><div>(Aerobics) 9-10a</div><div>That's Entertainment - Bus Check In</div><div>(Learning) 11a-12p</div><div>Table Tennis</div><div>(Aerobics) 3-4:30p</div><div>Boots, Buckles, &amp; Beer</div><div>(Ballroom/Back Porch) 6:30-8:30p</div></div> <div><div>Boots, Buckles, &amp; Beer</div><div>BALLROOM</div><div>6:30-8:30P</div></div> <div>23</div> <div><div>Drama Club Rehearsal</div><div>(Bluebell) 2-5p</div><div>Table Tennis</div><div>(Aerobics) 3-4:30p</div><div>Front Porch Democrats</div><div>(Lant. &amp; Prim.) 3-5p</div></div>																																																								
<div>24</div> <div><div>Qi Gong</div><div>(Aerobics) 8-9a</div><div>ARC Committee Mtg.</div><div>(Learning) 10:30a-12p</div><div>Line Dance</div><div>(Aerobics) 11a-12p</div><div>Canasta</div><div>(Lant.&amp;Prim.) 12:30-3:30p</div><div>Bridge</div><div>(Activity) 1-3p</div><div>Art at Sweetgrass</div><div>(Creativity) 1-3p</div><div>Meet Up &amp; Dance</div><div>(Aerobics) 2-3p</div><div>Table Tennis</div><div>(Aerobics) 3-4:30p</div><div>Roberts Wealth Management Presentation</div><div>(Lantana) 5:00-8:00p</div><div>Poker Club</div><div>(Activity) 5:30-8:30p</div></div> <div><div>TICKET</div></div>	<div>25</div> <div><div>Power Walking</div><div>(Aerobics) 9-10a</div><div>Line Dance</div><div>(Aerobics) 11a-12p</div><div>Needlecrafters</div><div>(Activity) 1-3p</div><div>Meet Up &amp; Dance</div><div>(Aerobics) 2:30-3:30p</div><div>Singers</div><div>(Bluebell) 4-6p</div><div>Mexican Train Meet Up</div><div>(Activity) 5:30-8:30p</div><div>Texas 42</div><div>(Creativity) 6-8p</div></div>	<div>26</div> <div><div>Qi Gong</div><div>(Aerobics) 8-9a</div><div>Line Dance</div><div>(Aerobics) 11a-12p</div><div>Gulf Coast Blood Drive</div><div>(Bluebell/Parking) 11a-5p</div><div>Bridge</div><div>(Activity) 1-3p</div><div>Meet Up &amp; Dance</div><div>(Aerobics) 2-3p</div><div>Table Tennis</div><div>(Aerobics) 3-4:30p</div><div>Safety Committee</div><div>(Creativity) 4:45-6p</div><div>Veterans Club</div><div>(Lant. &amp; Prim.) 5-7p</div><div>Drama Club Rehearsal</div><div>(Bluebell) 5:30-8:30p</div><div>Mahjong</div><div>(Activity) 6-8p</div></div> <div><div>GULF COAST blood drive.</div><div>PARKING LOT LAKEHOUSE 11A-5P</div></div>	<div>27</div> <div><div>Power Walking</div><div>(Aerobics) 9-10a</div><div>Chat &amp; Craft</div><div>(Activity) 9:30a-12:30p</div><div>Finance Committee</div><div>(Learning) 10a-12p</div><div>Dr. Momin Monthly Visit</div><div>(Wellness) 10a-2p</div><div>Line Dance</div><div>(Aerobics) 11a-12p</div><div>Canasta</div><div>(Act. &amp; Creat.) 1-4p</div><div>Meet Up &amp; Dance</div><div>(Aerobics) 2-3p</div><div>Meet Up &amp; Round Dance</div><div>(Aerobics) 4-5:30p</div><div>Tech. Group Help Desk</div><div>(Learning) 4-5p</div><div>Poker Club</div><div>(Activity) 5:30-8:30p</div><div>Western &amp; Southern Life</div><div>(Bluebell) 6-9p</div><div>Stamp Club</div><div>(Creativity) 6:30-8:30p</div></div> <div><div>TICKET</div></div>	<div>28</div> <div><div>Qi Gong</div><div>(Aerobics) 8-9a</div><div>Line Dance</div><div>(Aerobics) 11a-12p</div><div>Card Crafter</div><div>(Activity) 12-3p</div><div>Bridge</div><div>(Creativity) 1-3p</div><div>Meet Up &amp; Dance</div><div>(Aerobics) 2-3p</div><div>Table Tennis</div><div>(Aerobics) 3-4:30p</div></div>	<div>29</div> <div><div>Powerwalking</div><div>(Aerobics) 9-10a</div><div>Table Tennis</div><div>(Aerobics) 3-4:30p</div></div> <div>30</div> <div><div>Drama Club Rehearsal</div><div>(Bluebell) 2-5p</div><div>Table Tennis</div><div>(Aerobics) 3-4:30p</div></div>																																																								
<div>31</div> <div><div>Qi Gong</div><div>(Aerobics) 8-9a</div><div>Line Dance</div><div>(Aerobics) 11a-12p</div><div>Cruise Planners</div><div>(Bluebell) 12p-5p</div><div>Canasta</div><div>(Lant.&amp;Prim.) 12:30-3:30p</div><div>Bridge</div><div>(Activity) 1-3p</div><div>Art at Sweetgrass</div><div>(Creativity) 1-3p</div><div>Meet Up &amp; Dance</div><div>(Aerobics) 2-3p</div><div>Table Tennis</div><div>(Aerobics) 3-4:30p</div><div>Poker Club</div><div>(Activity) 5:30-8:30p</div></div>	<div><div><div><div></div><div></div></div><div>FITNESS SCHEDULE</div></div></div> <table><tr><th>TIME</th><th>MONDAY</th><th>TUESDAY</th><th>WEDNESDAY</th><th>THURSDAY</th><th>FRIDAY</th><th>SUNDAY</th></tr><tr><td>9:00 AM</td><td>Yoga Plus (Core Strength)</td><td></td><td>Yoga Plus (Bone &amp; Joint Strength)</td><td></td><td>Yoga Plus (Stretch &amp; Balance)</td><td></td></tr><tr><td>9:30 AM</td><td></td><td></td><td>Aquacise</td><td></td><td>Aquacise</td><td></td></tr><tr><td>10:00 AM</td><td>Chair Exercise (L1)</td><td></td><td>Chair Exercise Better Balance</td><td>Core Strength</td><td>Chair Exercise (L1)</td><td></td></tr><tr><td>1:00 PM</td><td>Lunch Crunch (Strength)</td><td>Lunch Crunch (Flexibility)</td><td></td><td>Chair Exercise Move to Improve</td><td></td><td></td></tr><tr><td>1:30 PM</td><td></td><td></td><td></td><td></td><td></td><td>Zumba</td></tr><tr><td>2:00 PM</td><td>Aquacise</td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>6:30 PM</td><td></td><td></td><td></td><td>Zumba</td><td></td><td></td></tr></table> <div><div><div><div></div><div></div></div><div>FITNESS CENTER 101</div><div>Appointment Only</div><div>2nd &amp; 4th Wednesday Each Month</div></div><div>To Ensure Equipment &amp; Space Availability - Please Sign Up at Least 1 Day in Advance</div></div>					TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY	9:00 AM	Yoga Plus (Core Strength)		Yoga Plus (Bone & Joint Strength)		Yoga Plus (Stretch & Balance)		9:30 AM			Aquacise		Aquacise		10:00 AM	Chair Exercise (L1)		Chair Exercise Better Balance	Core Strength	Chair Exercise (L1)		1:00 PM	Lunch Crunch (Strength)	Lunch Crunch (Flexibility)		Chair Exercise Move to Improve			1:30 PM						Zumba	2:00 PM	Aquacise						6:30 PM				Zumba		
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